

Food / Alimentos

- BREAKFAST / DESAYUNO:** Mon. - Fri. / *Lunes a Viernes*
INTERFAITH WORKS 8:00 am - 9:00 am
8106 Georgia Avenue
Silver Spring, MD
301-585-4471
- SHEPHERD'S TABLE Mon. - Fri. / *Lunes a Viernes*
8106 Georgia Avenue 7:30 am - 8:30 am
Silver Spring, MD Sat. and Sun. / *Sabado y Domingo*
301-585-6463 10:30 am - 11:15 am
- LUNCH / ALMUERZO:**
BETHESDA PRESBYTERIAN Sat. / *Sabado*
7611 Clarendon Road 11:00 am - 12:00 pm
Bethesda, MD Mon. - Fri.
301-986-1137 7:00 am - 3:00 pm
- CHURCH IN BETHESDA Mon. - Fri. (1-15 of month) /
5033 Wilson Lane *Lunes a Viernes (del 1 al 15*
Bethesda, MD *del mes)*
301-654-4159 12:30 pm - 1:30 pm
- CHRIST LUTHERAN CHURCH Mon. - Fri. (16-31 of month) /
8011 Old Georgetown Road *Lunes a Viernes (del 16 al 31*
Bethesda, MD *del mes)*
301-652-5160 12:30 pm - 1:30 pm
- INTERFAITH WORKS Mon. - Fri. / *Lunes a Viernes*
301-585-4471 12:30 pm - 1:00 pm
- SHEPHERD'S TABLE Mon. - Fri. / *Lunes a Viernes*
301-585-6463 12:00 pm - 1:00 pm
- DINNER / CENA:**
LADY OF LOURDES Sun. / *Domingo*
7500 Pearl Street 5:00 pm - 5:45 pm
Bethesda, MD
- 301-654-1287

- LORD'S TABLE Mon. - Sat. / *Lunes a Sabado*
201 South Frederick Avenue 3:30 pm - 4:30 pm
Gaithersburg, MD Sept. - June / *Sept. a Junio*
301-990-3203
- SHEPHERD'S TABLE Mon. - Sun. / *Lunes a Domingo*
301-585-6463 6:00 pm - 7:30 pm

Day Programs / Refugios de Dia

- BETHESDA CARES PEOPLE ENCOURAGING
7728 Woodmont Avenue PEOPLE
Bethesda, MD 20814 251 N. Stonestreet Avenue
301-907-9244 Rockville, MD
301-637-6700
- CITY OF GAITHERSBURG SHEPHERD'S TABLE
Homeless Assistance Program 8106 Georgia Avenue
1 Wells Avenue Silver Spring, MD
Gaithersburg, MD 301-585-6463
301-258-6395
- INTERFAITH WORKS
8106 Georgia Avenue
Silver Spring, MD
301-585-4471

Veteran Services / Servicios de Veteranos

- EASTER SEALS SERVING TOGETHER
301-920-9715 PEER NAVIGATOR
301-738-7176
- FRIENDSHIP PLACE Mon. - Fri. / *Lunes a Viernes*
202-658-9599 9:00 am - 4:30 pm
- HOUSING COUNSELING U.S. VETERANS INITIATIVE
202-667-7006 202-441-0478
Ext. 203 or Ext. 201

**IF YOU NEED SHELTER,
CALL THE CRISIS CENTER
SI NECESITA ALBERGUE,
LLAME EL CENTRO DE CRISIS**

240-777-4000

**1301 PICCARD DRIVE
ROCKVILLE, MD**

Clothing / Ropa

ADVENTIST COMMUNITY SERVICES
501 Sligo Avenue
Silver Spring, MD
301-585-6556
Mon. - Thurs. / *Lunes a Jueves*
10:00 am - 4:00 pm

INTERFAITH CLOTHING CENTER
751 Twinbrook Parkway
Rockville, MD
301-424-3796
Tues. & Thurs. / *Martes y Viernes*
9:00 am - 12:00 pm
Fri./ *Viernes*/1:00 pm - 3:30 pm

C-4 CLOTHES CLOSET & BABY CLOSET
14015 New Hampshire Avenue
Silver Spring, MD
301-989-8742
Tues. & Fri. / *Martes, Jueves, y Viernes*
9:00 am - 11:00 am
Thurs./*Jueves*
Seniors and disabled clients only/*Las personas mayores y los clientes minusválidos única*
9:00 am -11:00 am

BETHESDA CARES
4805 Edgemoor Lane
Bethesda, MD
301-907-9244
Tues. & Thurs. / *Lunes y Jueves*
9:30 am - 11:30 am

Legal Aid / Ayuda Legal

LEGAL AID BUREAU 240-314-0373

Homeless Services for Families/ Servicios sin hogar para las familias

Mon. - Fri./ *Lunes y Viernes*/ 8:30 am - 5:00 pm
first come, first served/ *por orden de llegada*

Tue./ *Martes*/ 5:00 pm - 7:00 pm/By appointment only/ *Por cita sólo*

ROCKVILLE OFFICE
1301 Piccard Drive, 2nd fl
Rockville, MD
240-777-4550

SILVER SPRING OFFICE
8818 Georgia Avenue
Silver Spring, MD
240-777-3075

GERMANTOWN OFFICE
12900 Middlebrook Lane, 2nd fl
Germantown, MD
240-777-4448

Crisis Lines / Crisis

ADULT PROTECTIVE SERVICES / *SERVICIOS DE PROTECCION AL ADULTO*

24 Hour Hotline 240-777-3000

ABUSED PERSONS / *PERSONAS ABUSADAS*

24 Hour Crisis Line 240-777-4195

VICTIM ASSISTANCE, SEXUAL ASSAULT / *VIOLACION, ASALTO SEXUAL*

24 Hour Crisis Line 240-777-4357

POLICE (NONEMERGENCY) / *POLICIA (NO EMERGENCIA)*

Montgomery County 301-279-8000

HHS INFORMATION AND REFERRAL LINE 240-777-0311

Mon. - Fri./ *Lunes y Viernes*/ 7:00 am - 7:00 pm

Health Care / Cuidado Medico

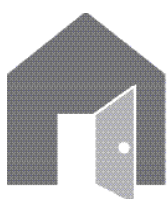
ACCESS TO BEHAVIORAL HEALTH
255 Rockville Pike, Suite 145
Rockville, MD
240-777-1770

DENTAL CLINICS
240-777-1875

DENNIS AVENUE HEALTH CENTER
2000 Dennis Avenue
Silver Spring, MD
240-777-1790 STD/HIV Clinic
240-777-1800 TB Clinic

HEALTH CARE FOR THE HOMELESS
240-777-4498
Nursing case management to shelter-based clients

MOBILE MED
301-493-2400



montgomery county
coalition for the homeless

600-B East Gude Drive
Rockville, MD 20850
301-217-0314 / www.mcch.net