

## Food / Alimentos

### BREAKFAST / DESAYUNO:

INTERFAITH WORKS  
8201 Dixon Avenue  
Silver Spring, MD  
301-585-4471

Mon. - Fri. / *Lunes a Viernes*  
7:30 am - 8:30 am

SHEPHERD'S TABLE  
8106 Georgia Avenue  
Silver Spring, MD  
301-585-6463

Mon. - Fri. / *Lunes a Viernes*  
7:30 am - 8:30 am  
Sat. and Sun. / *Sabado y Domingo*  
10:30 am - 11:15 am

### LUNCH / ALMUERZO:

BETHESDA PRESBYTERIAN  
7611 Clarendon Road  
Bethesda, MD  
301-907-9244

Sat. / *Sabado*  
11:00 am - 12:00 pm

CHURCH IN BETHESDA  
5033 Wilson Lane  
Bethesda, MD  
301-907-9244

Mon. - Fri. (1-15 of month) /  
*Lunes a Viernes (del 1 al 15 del mes)*  
12:30 pm - 1:30 pm

SHEPHERD'S TABLE  
301-585-6463

Mon. - Fri. / *Lunes a Viernes*  
12:00 pm - 1:00 pm

INTERFAITH WORKS  
301-585-4471

Mon. - Fri. / *Lunes a Viernes*  
12:00 pm - 1:00 pm

### DINNER / CENA:

LADY OF LOURDES  
7500 Pearl Street  
Bethesda, MD  
301-654-1287

Sun. / *Domingo*  
5:00 pm - 5:45 pm

SHEPHERD'S TABLE  
301-585-6463

Mon. - Sun. / *Lunes a Domingo*  
6:00 pm - 7:30 pm

## Day Programs / Refugios de Dia

BETHESDA CARES  
7728 Woodmont Avenue  
Bethesda, MD 20814  
301-907-9244

PEOPLE ENCOURAGING  
PEOPLE  
251 N. Stonestreet Avenue  
Rockville, MD  
301-637-6700

CITY OF GAITHERSBURG  
Homeless Assistance  
Program  
1 Wells Avenue  
Gaithersburg, MD  
301-258-6390

SHEPHERD'S TABLE  
8106 Georgia Avenue  
Silver Spring, MD  
301-585-6463

INTERFAITH WORKS  
8201 Dixon Avenue  
Silver Spring, MD  
301-585-4471

## Veteran Services / Servicios de Veteranos

EASTER SEALS  
301-588-8700

EVERYMIND  
301-738-7176  
Mon.- Fri. / *Lunes a Viernes*  
9:00 am - 4:30 pm

FRIENDSHIP PLACE  
202-658-9599

HOUSING COUNSELING  
202-667-7006  
Ext. 280 or Ext. 218

U.S. VETERANS INITIATIVE  
202-545-1660

OPERATION RENEWED HOPE  
703-545-1660

**IF YOU NEED SHELTER,  
CALL THE CRISIS CENTER  
SI NECESITA ALBERGUE,  
LLAME EL CENTRO DE CRISIS**

**240-777-4000**

**1301 PICCARD DRIVE  
ROCKVILLE, MD**

## **Clothing / Ropa**

ADVENTIST COMMUNITY SERVICES  
501 Sligo Avenue  
Silver Spring, MD  
301-585-6556  
Mon. - Thurs. / *Lunes a Jueves*  
10:00 am - 4:00 pm

C-4 CLOTHES CLOSET & BABY CLOSET  
14015 New Hampshire Avenue  
Silver Spring, MD  
301-989-8742  
Tues. & Fri. / *Martes y Viernes*  
9:00 am - 11:00 am  
Thurs./*Jueves*  
Seniors and disabled clients only/*Las personas mayores y los clientes minusválidos única*  
9:00 am - 11:00 am

INTERFAITH CLOTHING CENTER  
751 Twinbrook Parkway  
Rockville, MD  
301-424-3796  
Tues., Thurs., and Friday / *Martes, Jueves, y Viernes*  
9:00 am - 12:00 pm  
1:00 pm - 3:30 pm  
Saturday/ *Lunes*  
9:30 am - 1:30 pm

BETHESDA CARES  
4805 Edgemoor Lane  
Bethesda, MD  
301-907-9244  
Tues. & Thurs. / *Lunes y Jueves*  
9:30 am - 11:30 am

## **Legal Aid / Ayuda Legal**

LEGAL AID BUREAU 301-927-6800

## **Homeless Services for Families/ Servicios sin hogar para las familias**

Mon. - Fri. / *Lunes y Viernes* / 8:30 am - 5:00 pm  
first come, first served / *por orden de llegada*

Tue. / *Martes* / 5:00 pm - 7:00 pm / By appointment only / *Por cita sólo*

ROCKVILLE OFFICE  
1301 Piccard Drive, 2nd fl  
Rockville, MD  
240-777-4550

SILVER SPRING OFFICE  
8818 Georgia Avenue  
Silver Spring, MD  
240-777-3075

GERMANTOWN OFFICE  
12900 Middlebrook Lane, 2nd fl  
Germantown, MD  
240-777-4448

## **Crisis Lines / Crisis**

ADULT PROTECTIVE SERVICES / *SERVICIOS DE PROTECCION AL ADULTO*

24 Hour Hotline 240-777-3000

ABUSED PERSONS / *PERSONAS ABUSADAS*

24 Hour Crisis Line 240-777-4673

VICTIM ASSISTANCE, SEXUAL ASSAULT / *VIOLACION, ASALTO SEXUAL*

24 Hour Crisis Line 240-777-4357

POLICE (NONEMERGENCY) / *POLICIA (NO EMERGENCIA)*

Montgomery County 301-279-8000

HHS INFORMATION AND REFERRAL LINE 240-777-0311

Mon. - Fri. / *Lunes y Viernes* / 7:00 am - 7:00 pm

## **Health Care / Cuidado Medico**

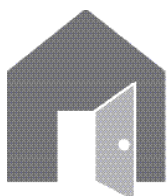
ACCESS TO BEHAVIORAL HEALTH  
255 Rockville Pike, Suite 145  
Rockville, MD  
240-777-1770

DENTAL CLINICS  
240-777-1875

DENNIS AVENUE HEALTH CENTER  
2000 Dennis Avenue  
Silver Spring, MD  
240-777-1790 STD/HIV Clinic  
240-777-1800 TB Clinic

HEALTH CARE FOR THE HOMELESS  
240-777-4498  
Nursing case management to shelter-based clients

MOBILE MED  
301-493-2400



montgomery county  
coalition for the homeless

600-B East Gude Drive  
Rockville, MD 20850  
301-217-0314 / [www.mcch.net](http://www.mcch.net)